

Be Responsible for your decisions

The Code

Be responsible for your decisions
Show competency in your job
Support your participants and sailors
Show good sportsmanship
Behave professionally at all times
Follow the Australian Sailing Anti-Doping Policy
Be proud of your sport

Australian Sailing Instructors and Coaches are expected to act with integrity and objectively, and are personally responsible for the decisions that they make in the course of their engagement. They are to ensure that their decisions and actions contribute to a safe environment; free of discrimination and harassment.

Show competency in your job

Instructors and coaches bring appropriate skills and competencies to their areas of coaching practice and are expected to maintain and continue to develop these skills and competencies through an ongoing program of professional development and continuous improvement. They should, wherever practical, avoid unaccompanied and unobserved one-on-one activity (when in a supervisory capacity or where a power imbalance will exist) with people under the age of 18 years.

Support your participants and sailors

Instructors and coaches should treat every participant / sailor as an individual respecting the rights and worth of every person regardless of their gender, ability, cultural background or religion. They should:

- Help each person (official, participant, sailor, athlete etc) reach their potential – respect the talent, potential, developmental stage and goals of each person and compliment and encourage with positive and supportive feedback;
- Set appropriate training programs based upon the individual characteristics of the athlete;
- Make coaching decisions which take appropriate account of the individual athletes welfare;
- Ensure that all participants / athletes receive an appropriate level of attention and opportunities so that their time spent in any program is a positive experience.

Instructors and coaches should place the health, safety and welfare of athletes above all else.

Show good sportsmanship

Instructors and coaches should:

- Set a high standard of behaviour and approach towards all aspects of their job and to the spirit of Sailing;
- Respect the decisions of officials, coaches and administrators in the conduct of the sport;
- Display control and courtesy to all involved with Sailing;
- Operate within the rules and spirit of Sailing, promoting fair play over winning at any cost.

Behave professionally at all times

Instructors and coaches should:

- Ensure that any physical contact with a person is appropriate to the situation and necessary for the person's skill development;
- Be honest and do not allow your qualifications to be misrepresented;
- Not tolerate harmful or abusive behaviours;
- Encourage and support opportunities for people to learn appropriate behaviours and skills.

Follow the Australian Sailing Anti-Doping Policy

Instructors and coaches must adopt responsible behaviour in relation to alcohol and other drugs. They must abide by the Australian Sailing Anti-Doping Policy and ensure that athletes are aware of and understand that policy.

Be proud of your sport

Instructors and coaches should be proud of Sailing, show their pride through their actions and encourage and support opportunities for participation in all aspects of Sailing.